

Bro. Levi Gelineau: Introduction: animal thinking

1. spiritual vs carnal thinking, making a commitment, true selfless love and service
2. anxiety, depression, social media
3. drugs
4. sex
5. alcohol

Takeaways:

- Don't leave church when you mess up in one or more of these areas
- Commit to spiritual thinking
- Appreciate "principles" and not "rules"